



COMPREHENSIVE OPTOMETRY LESSON PLAN

ASYNCHRONOUS VIDEOS		READING SOURCE (PPT)	ASSESSMENT	LIVE DISCUSSION	CLINICAL DEMO VIDEOS
MODULE 1		BASICS OF OPTOMETRY			
Week 1	2	2	MCQ (5)		4
Week 2	2	2	MCQ (5)		
Week 3	1	1	MCQ (5)		
Week 4	1	1	MCQ (5)	1 hour	
MODULE 2		RETINOSCOPE - LEARN THE TOOL AND THE TECHNIQUE			
Week 5	1	1	MCQ (5)		4
Week 6	2	2	MCQ (5)		
Week 7	1	1	MCQ (5)		
Week 8	1	1	MCQ (5)	1 hour	
MODULE 3		STANDARDS IN SPECTACLE DISPENSING			
Week 9	2	2	MCQ (5)		4
Week 10	2	2	MCQ (5)		
Week 11	2	2	MCQ (5)		
Week 12	2	2	MCQ (5)	1 hour	
MODULE 4		ROLE OF OPTOMETRIST IN VISION THERAPY			
Week 13	1	2	MCQ (5)		4
Week 14	2	2	MCQ (5)		
Week 15	1	1	MCQ (5)		
Week 16	2	2	MCQ (5)	1 hour	
HANDS-ON WEEK					
Week 17	Hands-on Session				
Week 18					
Week 19					
Week 20				1 hour	
REVISION					
Week 21	Revisit Module 1-4				
Week 22					
Week 23					
Week 24					
MODULE 5		CONTACT LENS: SELECTION AND MANAGEMENT			
Week 25	2	2	MCQ (5)		5
Week 26	2	2	MCQ (5)		
Week 27	1	1	MCQ (5)		
Week 28	2	2	MCQ (5)	1 hour	
MODULE 6		PEDIATRIC OPTOMETRY: ASSESSMENT AND MANAGEMENT			
Week 29	1	1	MCQ (5)		3
Week 30	1	1	MCQ (5)		
Week 31	2	2	MCQ (5)		
Week 32	3	3	MCQ (5)	1 hour	
MODULE 7		AGING EYES: VISION CARE FOR SENIORS			
Week 33	2	2	MCQ (5)		2
Week 34	2	2	MCQ (5)		
Week 35	1	1	MCQ (5)		
Week 36	1	1	MCQ (5)	1 hour	
MODULE 8		LOW VISION CARE			
Week 37	2	2	MCQ (5)		3
Week 38	2	2	MCQ (5)		
Week 39	2	2	MCQ (5)		
Week 40	1	1	MCQ (5)	1 hour	
HANDS-ON WEEK					
Week 41	Hands-on Session				-
Week 42					
Week 43					
Week 44				1 hour	
REVISION / FINAL ASSESSMENT					
Week 45	Revisit Module 5-8				
Week 46					
Week 47					
Week 48					

